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**Reminder that spectators are not allowed on the stadium field and track at Boone High School.**

**Please sit in the West Stands only.**

**LCO High School Training Camp #1 and Youth Training Camp #3
Saturday, May 3 at Boone HS
1000E. Kaley Street**\*Wear a reversible jersey
\*Bring your own hydration needs and all equipment
\*Arrive at least 15 minutes early to your session

8u 900-1030am
10u 900-1030am
12u 1030-1200pm
14u 1030-1200pm
Class of 2028 and 2029 1200-130
Class of 2026 and 2027 130-300

**ORDER UNIFORMS – You will have to contact the vendor directly for delivery windows**[**https://signaturelocker.com/collections/lacrosse-club-orlando-0052**](https://signaturelocker.com/collections/lacrosse-club-orlando-0052)

**Lacrosse Club Orlando (LCO) May 6 UPDATE
\*also posted on the LCO Summer Manager page for reference.**[**LCO Summer Manager - Orlando Lacrosse**](https://orlandolacrosse.com/lco-summer-manager/)

**UPDATE CONTENTS:**\*Practice schedules through May 15 are posted for all age groups – they will be updated for after May 15 once we start to reflect team practice schedules
\*Youth 14u and below starts April 26
\*High School – current grade 9 and above starts May 10
\*Uniforms – may wear uniform from last year or see info on LCO Summer Manager page
\*How to access your LCO account
\*Updates to all information is posted each Sunday or Monday going into each week moving forward.

**YOUTH 14u, 12u, 10u, 8u starts May 3 at Boone High School. Note that youth practices will also take place at Lake Highland Prep. Sites are reflected in the posted schedule linked on the LCO Summer Manager page.**We are Looking forward to kicking off the youth training camp on Saturday 4/26.  Please share registration with anyone you know who might be interested as we are just over a week away from starting.

**HIGH SCHOOL – current grade 9 and above starts May 10**Please encourage your team mates to register soon so we can plan accordingly.

**HOW TO ACCESS YOUR LCO ACCOUNT**Use this link and click on the log in link located in the top right hand corner
<https://orlandolacrossecompany.leagueapps.com/clubteams/4294144-2025-lacrosse-club-orlando-summer-program>

**UPDATES SENT WEEKLY**Updates will include any changes to the daily activity schedule and other planning notes.

 First event is May 31-June 1. [www.summerfaceoff.com](http://www.summerfaceoff.com)